

Springs - Answers

1b) -0.49 m

2.

b)

- Pulling (stretched): 4 m
- Pushing (compressed): -4 m

d)

- Released from stretched: -20 m/s^2
- Released from compressed: 20 m/s^2

3. a) -0.0035 m

b) 2.86 kg

4. 24.5 N/m